



1. Gather supplies in clean, well-lit area:
 - Medication syringe
 - 2 Normal Saline syringes
 - 1 Heparin syringe
 - Alcohol wipes
2. Check **medication label** for correct patient name, medication and expiration date.
3. **Wash hands**
4. Flush IV catheter with Normal **Saline**: **S**
 - Remove syringe from wrapper
 - Hold syringe upright and push on plunger to break seal
 - Remove protective cover from syringe
 - Do not contaminate tip
 - Hold syringe upright and gently push on plunger to expel air
 - Scrub IV end cap with an alcohol wipe for 15 seconds
 - Push and screw syringe into IV end cap
 - Gently flush solution through IV catheter
 - Remove syringe from IV end cap and discard
5. **Administer medication**: **A**
 - Remove protective cover from medication syringe
 - Do not contaminate tip
 - Hold syringe upright and gently push on plunger to expel any air
 - Scrub IV end cap with alcohol wipe
 - Push and screw syringe into IV end cap
 - Push on plunger to administer medication over _____ minutes
 - When syringe is empty, remove syringe from end cap and discard

5. Flush IV catheter with Normal **S**aline:

S

- Remove syringe from wrapper
- Hold syringe upright and push on plunger to break seal
- Remove protective cover from syringe
- Do not contaminate tip
- Hold syringe upright and gently push on plunger to expel air
- Scrub IV end cap with an alcohol wipe for 15 seconds
- Push and screw syringe into IV end cap
- Gently flush solution through IV catheter
- Remove syringe from IV end cap and discard

6. Flush IV catheter with **H**eparin:

H

- Remove syringe from wrapper
- Hold syringe upright and push on plunger to break seal
- Remove protective cover from syringe
- Do not contaminate tip
- Hold syringe upright and gently push on plunger to expel air
- Scrub IV end cap with an alcohol wipe for 15 seconds
- Push and screw syringe into IV end cap
- Gently flush solution through IV catheter
- Remove syringe from IV end cap and discard

THINGS TO REMEMBER:

Remember: once you scrub the IV end cap, be sure that this remains sterile until you enter the cap with flush syringe or medication tubing.

If you have an additional lumen (tail) on your IV catheter, flush this lumen daily with 3 mls of heparin.

Check your IV site and temperature daily. If IV dressing is not intact or if you develop a fever, call your home care nurse.

Medication should be stored in the refrigerator.
Remove medication an hour before dose is due.